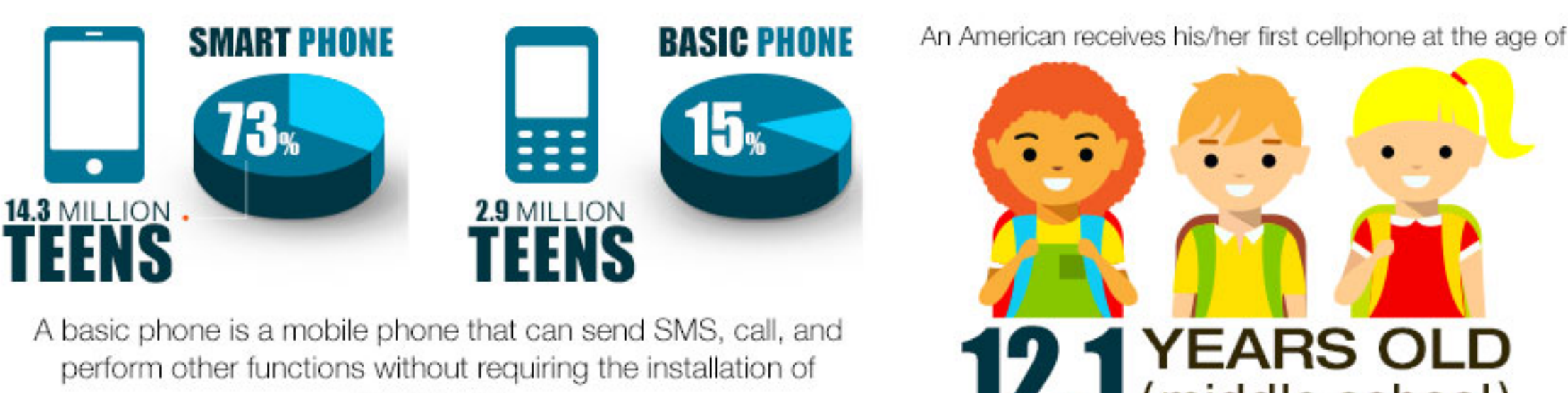


PARENT'S GUIDE

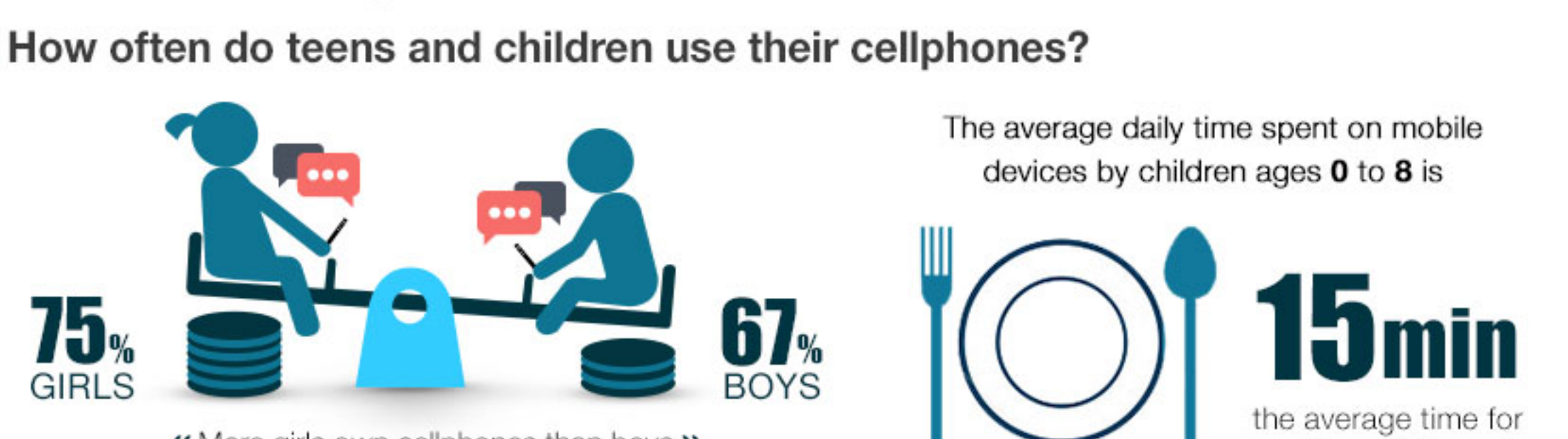
To Teens and Mobile Phone Use

FAST FACTS AND NUMBERS ON CELLPHONE OWNERSHIP AND USE

How many teens and children own cellphones?



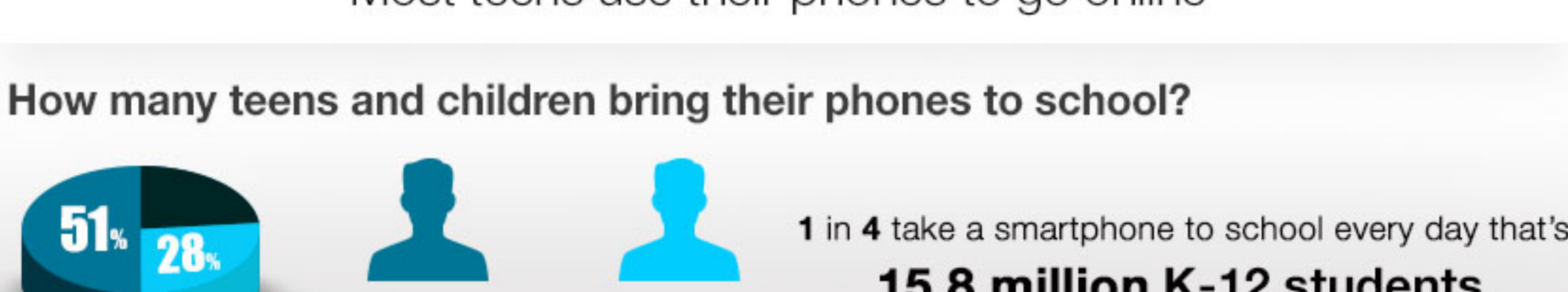
How often do teens and children use their cellphones?



How do teens use their phones?

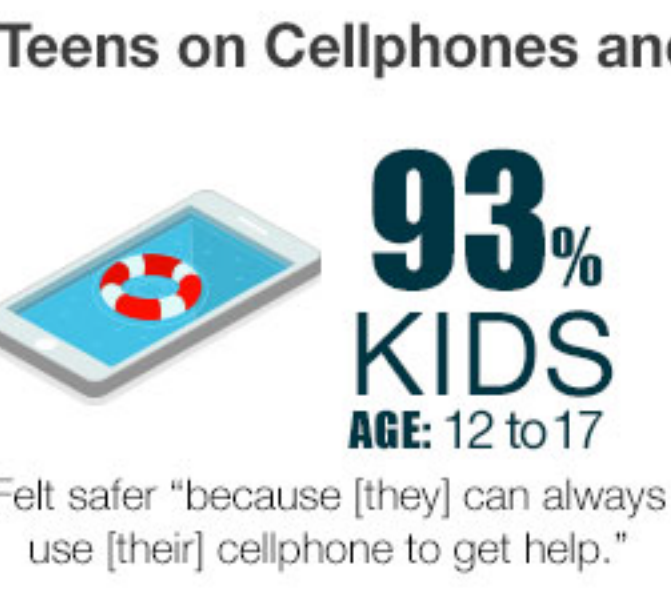


How many teens and children bring their phones to school?



TEENS AND THEIR ATTITUDES TOWARD CELLPHONES

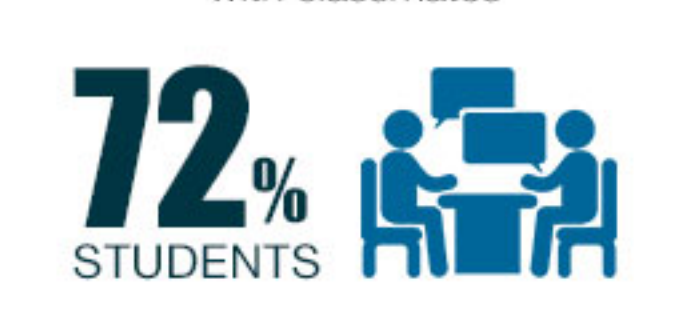
Teens on Cellphones and Safety



Think smartphones are the best devices to use when communicating with teachers



Think smartphones are the best devices to use when communicating with classmates

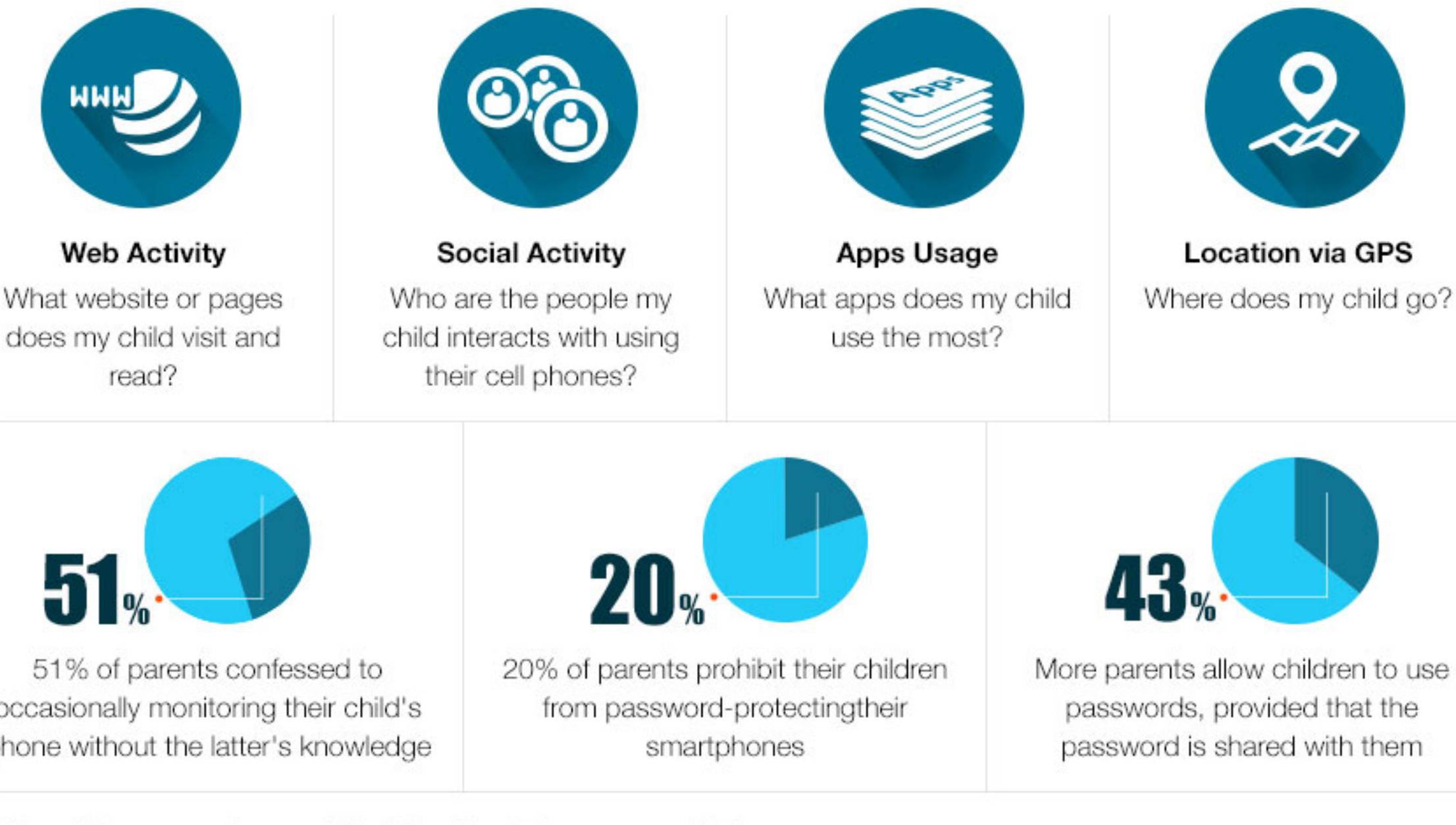


Teens on Cellphones as Means to Connect with People

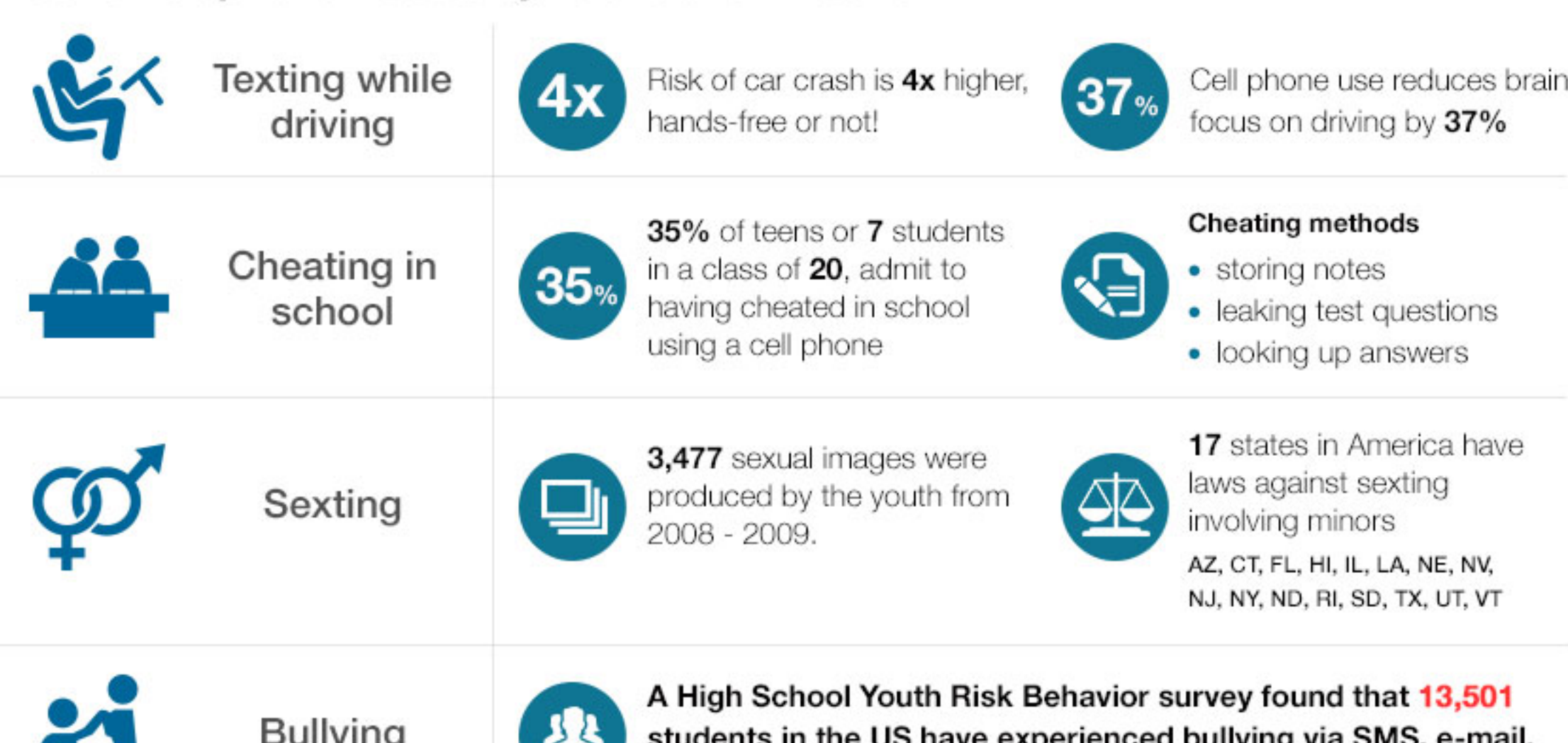


CELL PHONES AND PARENTING: RULES AND ETIQUETTE

Tracking apps can help parents monitor the following:



Bad Smartphone Habits by Teens and Tweens

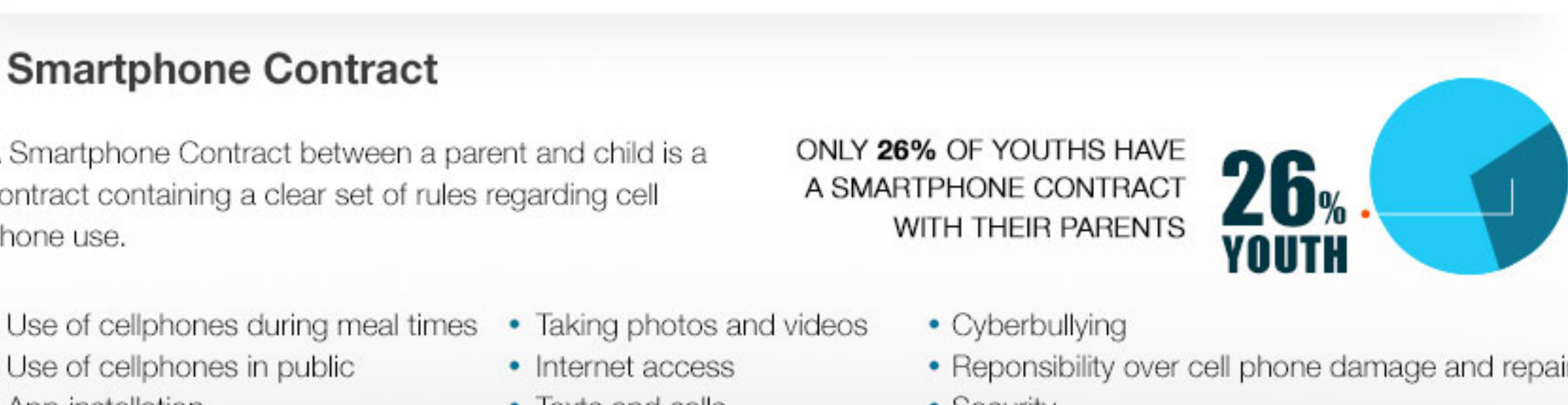


Smartphone Talk

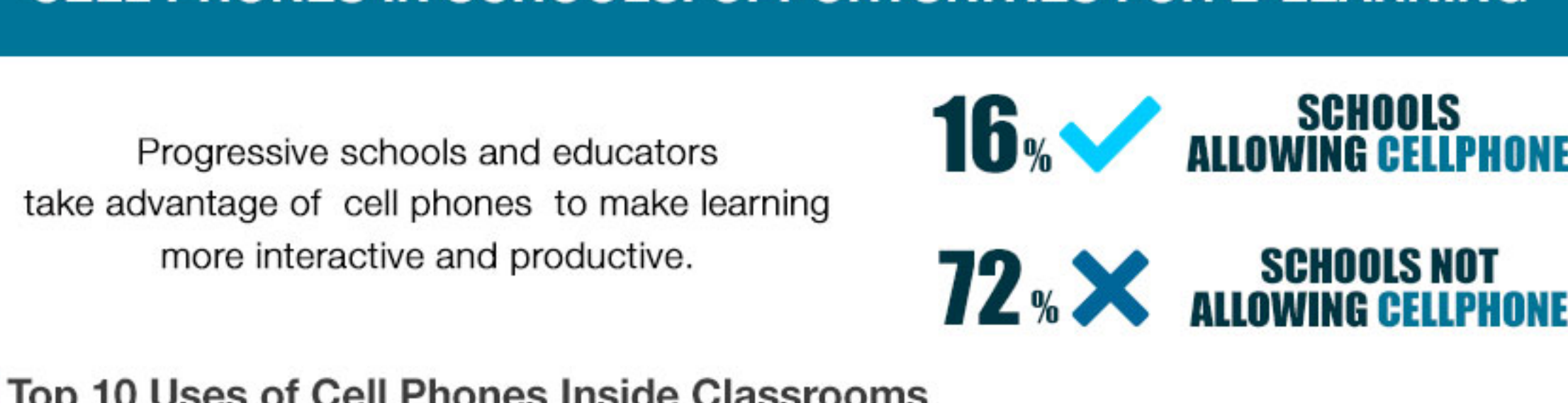
Productive conversations with children can help guide them towards proper use of cell phones.

- | | |
|---|---|
| <p>Use of Apps</p> <ul style="list-style-type: none"> Download apps from legitimate sources ONLY. Read the license agreement before download. Use parental controls to block invasive and inappropriate | <p>Use of Social Media</p> <ul style="list-style-type: none"> Accept friends requests ONLY from people they know Report suspicious accounts immediately |
| <p>File-video sharing</p> <ul style="list-style-type: none"> Take care in sending files or documents, as these can be easily copied and spread | <p>Rules, limits and monitoring</p> <ul style="list-style-type: none"> Get a phone that suits your child's needs Set a curfew to prevent losing sleep due to phone overuse |

Smartphone Contract



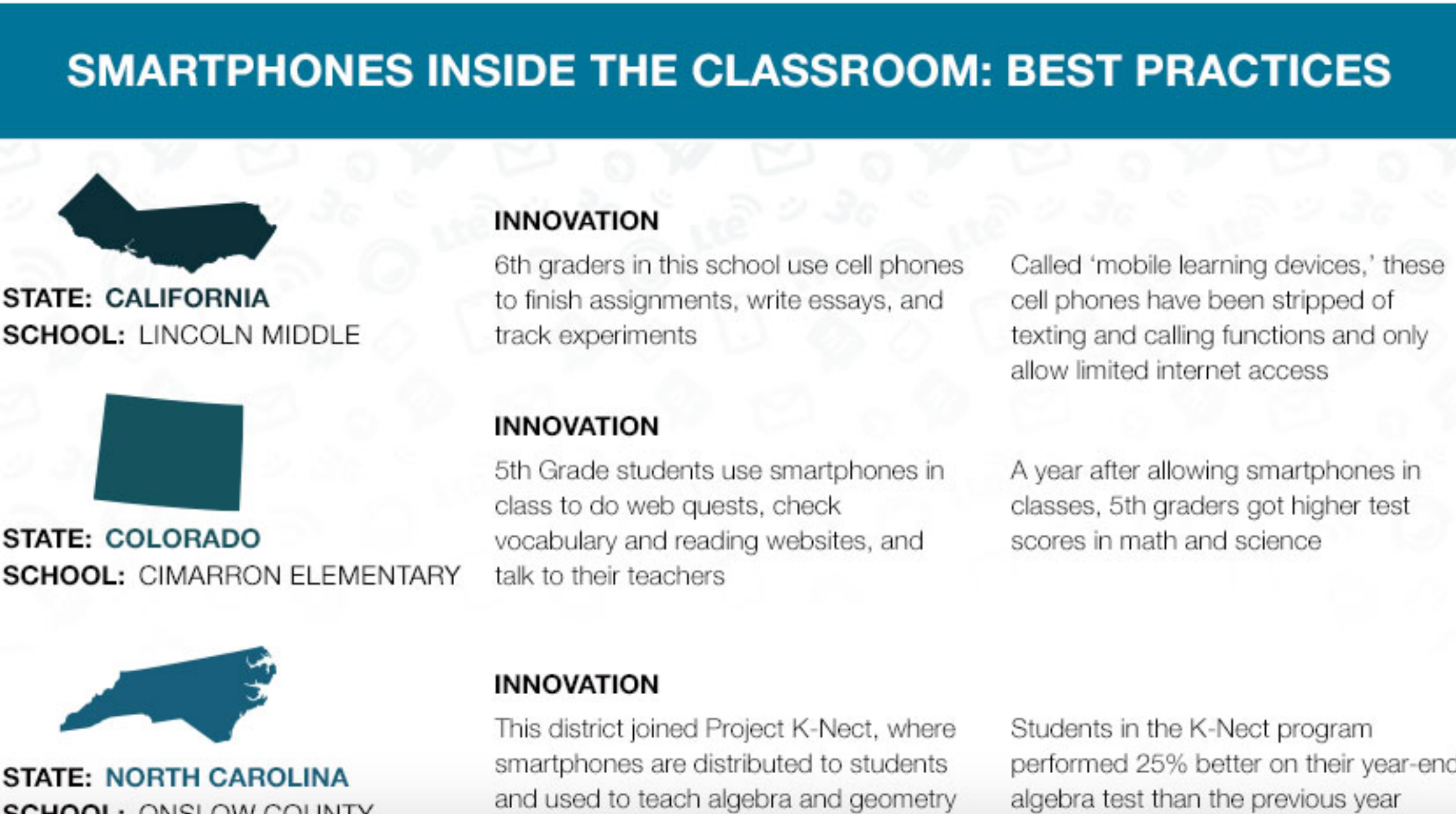
CELL PHONES IN SCHOOLS: OPPORTUNITIES FOR E-LEARNING



Top 10 Uses of Cell Phones Inside Classrooms



SMARTPHONES INSIDE THE CLASSROOM: BEST PRACTICES



MUST HAVE APPS FOR PARENTS

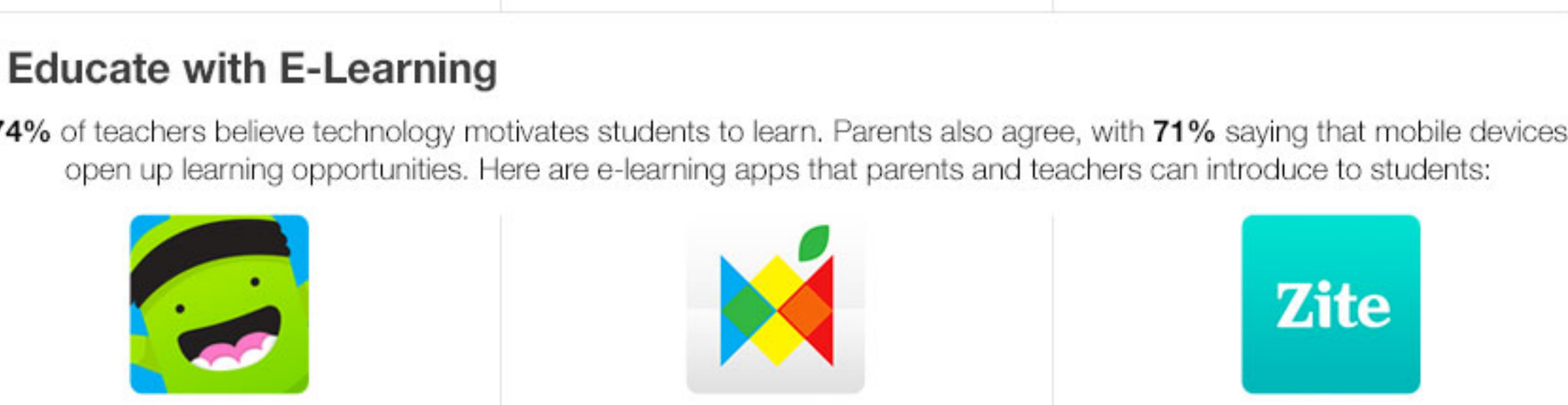
Parental guidance

The following are apps that aid parents in monitoring and guiding their children especially teens towards becoming responsible cell phone users.



Educate with E-Learning

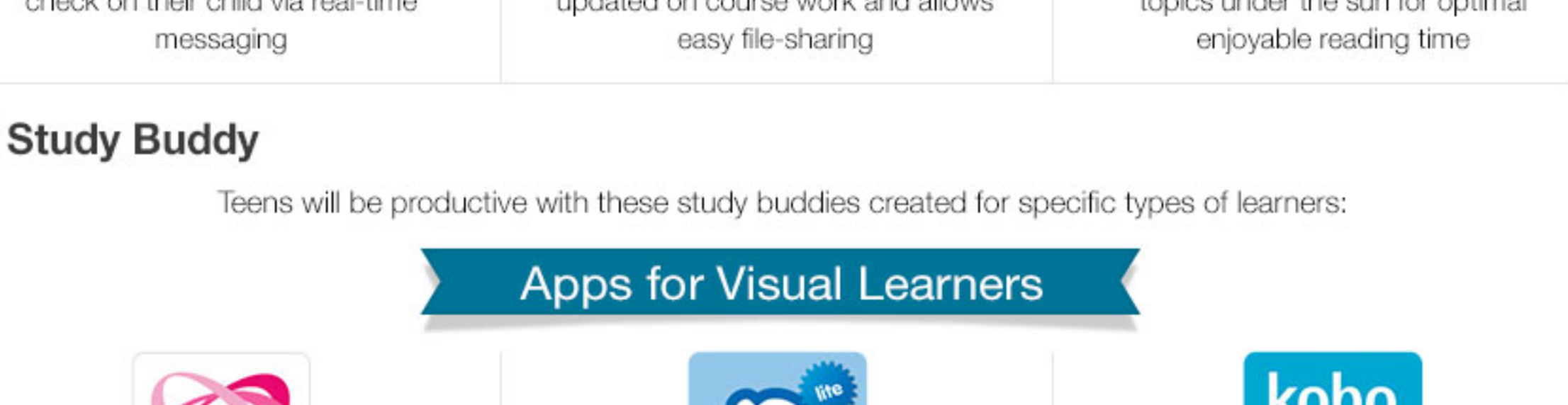
74% of teachers believe technology motivates students to learn. Parents also agree, with 71% saying that mobile devices open up learning opportunities. Here are e-learning apps that parents and teachers can introduce to students:



Study Buddy

Teens will be productive with these study buddies created for specific types of learners:

Apps for Visual Learners



Apps for Auditory Learners

